

HURON VALLEY RECREATION & COMMUNITY EDUCATION

THE ULTIMATE FITNESS PROGRAM
Country Oaks Elementary School
Monday & Wednesday @ 7:00-8:00pm
Jan 5–Feb 23 (14 classes)

Fitness Motivators.com

This class is fun and never boring! Great for any fitness level!

All fitness levels welcomed in this free-style class! You won't get bored with Fitness Motivators! Why do a single workout that can't provide long-term results when you can do a variety of exercises all in one class? Mix it up with Fitness Motivators- originated in 1989 - experts in the fitness industry! Interval Training, Cardio Boxing, xGravity, Yoga, Sculpt and Stretch, Complete Body Toning, Strictly Cardio, and much more for you to experience results!
 Equipment: Hand Weights, Map

CLASS REGISTRATION FORM

Registrations will not be confirmed. Report to the first class session unless otherwise notified.

REGISTRATION FORM

Please use separate registration form for each participant!

Participant's Name _____ School Attends _____
 Address _____ City _____ Zip _____
 Date of Birth _____ T-shirt size _____ Sex: M F
 Phone (home) _____ (work) _____ (cell) _____
 Parent/Guardian Name _____ Email Address _____

Highlight or circle class you are registering in


Class #	Class Name	Day/Time	Beginning Date	Location	Fee
1270	Ultimate Fitness	M&W @ 7pm	January 5	Country Oaks	\$68.00
1270	Ultimate Fitness	1 Day/wk@7pm	January 5	Country Oaks	\$48.00

Participants agree to use the facilities, premises and equipment of Huron Valley Schools at participant's own risk. Participants agree to hold harmless and indemnify, and waive any claims of any sort or nature that participant may have or acquire against the Huron Valley Schools and its board members, employees, agents and volunteers. In the event participant nevertheless asserts a claim against a party released herein, Huron Valley Schools shall be entitled to recover its reasonable attorney fees and costs incurred in defending against such claim. Pictures are sometimes taken in our programs and may be used in Huron Valley School's promotional material (brochures, flyers, website, etc.) Children are never identified by name. Contact our office if you would not like your child photographed.



Please complete if paying by Visa/MC:

Acct # _____ EXP: ____/____/____

 Cardholder Signature

MAIL: Mail to Huron Valley Recreation & Community Education office along with your check or money order, made payable to Huron Valley Schools or charge on your VISA or MasterCard. Allow 3 business days for mail delivery. (5061 N. Duck Lake Road, Highland, MI 48356

FAX: at 248.676.8453. Use registration this form. Include your VISA or MasterCard account #, expiration date and your phone number.

If not registered 2 business days prior to class, add \$10 to fee.