

Fitness Motivators .com

SPRING/SUMMER 2016 SESSIONS WITH THE LIM TWINS

Walk-Ins \$10.00 per class, if space is available

PLEASE REGISTER EARLY TO AVOID CANCELLATION | SPACE IS LIMITED

<p>FITNESS A LA CARTE TUESDAY: 5:30-6:15PM</p> <p>Apr 5-26 4 Classes \$28 May 3-24 4 Classes (Omit 5/31) \$28 June 7-28 4 Classes \$28 July 12-26 3 Classes (Omit 7/5) \$21 No Equipment Needed</p>	<p>ZEN MAT FUSION THURSDAY: 5:30-6:15PM</p> <p>Apr 7-28 4 Classes \$28 May 5-26 4 Classes \$28 June 9-30 4 Classes (Omit 6/2) \$28 July 14-28 3 Classes (Omit 7/7) \$21 Bring Yoga Mat</p>	<p>STEP SATURDAY: 9:30-10:15AM</p> <p>Apr 2-23 4 Classes (Omit 4/30) \$28 May 7-28 4 Classes \$28 June 11-25 3 Classes (Omit 6/4) \$21 July 16-30 3 Classes (Omit 7/9) \$21 No Equipment Needed 7 Maximum</p>
<p>Z-BOX MINI SESSION MONDAY: 6:30-7:15PM</p> <p>Aug 15-29 3 Classes \$20 Bring Hand Weights</p>	<p>DRUMMING CARDIO THURSDAY: 6:30-7:00PM</p> <p>May 5-26 4 Classes \$20 June 9-30 4 Classes (Omit 6/2) \$20 July 14-28 3 Classes (Omit 7/7) \$15 No Equipment Needed 7 Minimum</p>	<p>CHAIR PLUS THURSDAY: 11:00-11:30AM</p> <p>Apr 7-28 4 Classes \$20 May 5-26 4 Classes \$20 June 9-30 4 Classes (Omit 6/2) \$20 July 14-28 3 Classes (Omit 7/7) \$15 No Equipment Needed</p>
<p>ZUMBA MINI SESSION WEDNESDAY: 6:30-7:15PM</p> <p>Aug 17-31 3 Classes \$20 No Equipment Needed</p>		

Above Classes Held at Proactive Wellness Center

SIGN UP FOR TWO CLASSES IN SAME SESSION OR ENTIRE CLASS SERIES - GET 10% OFF

SIGN UP FOR ENTIRE SPRING/SUMMER SERIES – GET 10% OFF & FREE 60 MINUTES MASSAGE

Specials Offered For Fitness A La Carte, Zen And Step Classes Only | Massage: Gratuity Not Included & Must Be Used Within The Above Sessions

REGISTRATION FORM – PLEASE PRINT

Email _____
 First & Last Name _____
 Phone Number _____
 Address, City, Zip _____

CLASS NAME	DATE	CLASS FEE	DISCOUNT	
		\$	\$	
		\$	\$	
		\$	\$	TOTAL DUE:
				\$

Credit Card Payments: Credit Card Payments must be made in person. Due to the high cost of credit card fees, a \$2.00 Transaction Fee will be applied to Credit Card Payments. By accepting my registration in the above classes.

I hereby understand that I release my rights or claims for damages that I may have against Fitness Motivators LLC and Proactive Wellness Center LLC, and through which this program is conducted or by its Fitness Motivators Instructors or center staff. I also understand there is no refund after the first day of class or make-up class.

Date: _____ Participants Signature: _____ (guardian signature for minors)

Make checks payable to: PROACTIVE WELLNESS CENTER

Please Mail Your Form and Payment to:

PROACTIVE WELLNESS CENTER: 25882 ORCHARD LAKE RD, STE 105, FARMINGTON HILLS, MI 48336

www.FitnessMotivators.com | 248.957.9525

25882 Orchard Lake Road, Suite 105, Farmington Hills, MI 48336 (SE Corner of 11 Mile Rd - South Entrance)